



## Birthday Party Procedure

Your Party Date: \_\_\_\_\_ Time: \_\_\_\_\_

Upstairs Gym   Downstairs Gym

1. Stop in or call the gym to select a day and time for your party. A \$50.00 non-refundable deposit will be required at this time. The balance of the payment is due the day of the party.
2. Stop in at Scamps to pick up invitations if you wish to use ours. Waivers will also be supplied with the invitations.
3. Send Scamps invitations with waivers. Signed waivers must accompany each child on the day of the party. Waivers are available online at [www.scampsgymnastics.com](http://www.scampsgymnastics.com) or can be picked up at Scamps.
4. Please call Scamps one (1) week prior to the party to confirm any changes in the number of children attending.
5. Plan to arrive 5-10 minutes before the starting time to greet your guests. Children will not be allowed in the gym until their party time, so we recommend that you do not arrive more than 10 minutes ahead of time.
6. Only children are allowed in the gym. The only exception is the parents of the birthday child.
7. All guests and parents must remove their shoes before entering the gym.
8. Bring your cake, juice, candles and any other treats with you. Juice in containers or boxes are recommended. We have a refrigerator/freezer to store ice cream and drinks. No smoking or alcohol on the premises.
9. Please clean up your area when you are finished. Garbage containers will be supplied.
10. Since we book our parties back to back, we ask that you please end your party on time to allow time for the next group to set up.



## Gym Rules

1. No soda, food, or gum in the gym.
2. No jeans., belts, or sharp objects. Shorts, sweatpants, t-shirts, sweatshirts , and socks are acceptable. No shoes in the gym.
3. No swearing, bullying, or fighting.
4. No cell phones in the gym.
5. No chalk.
6. Stay with your group at all times.
7. No running in the gym, except in designated areas.
8. No back flips .
9. No flipping into foam pits.
10. Weights and conditioning area are closed.
11. One person at a time on any piece of equipment.
12. 8” mats must be under all bars, beams, and rings before use.
13. No hanging by knees without hands on the bars.
14. Double mini tramp must have an 8”mat or resi for landings.
15. Do not throw mats, use mats as tackling dummies, or use mats to hit each other.
16. Must let go on first swing on rope to foam pit. Don't swing until pit is empty.
17. Do not attempt any skills by yourself unless an instructor approves.
18. If not sure of something, ask an instructor.
19. Do not follow others too closely through circuits.
20. Parents of the birthday child may come into the gym to observe and take pictures but cannot use the equipment.